



# ARTHRITIS ESSENTIALS



## ARTHRITIS ESSENTIALS® – ONLINE LEARNING

Would you like to gain or further develop your professional knowledge and skills in the areas of arthritis and musculoskeletal conditions?

Arthritis Essentials® is a competency based, nationally accredited course, designed to provide healthcare professionals working with or supporting people with arthritis and related musculoskeletal conditions, with an easily accessible means of professional development.

The course provides participants with a basic understanding of arthritis and musculoskeletal conditions and their impact on the individual and the broader community, and links participants to a range of up-to-date, evidence-based resources.

### **COURSE OUTLINE:**

Arthritis Essentials® comprises three learning modules.

1. Anatomy relevant to arthritis and related musculoskeletal conditions
2. Information on arthritis and related musculoskeletal conditions
3. Management strategies for arthritis and related musculoskeletal conditions.

Module contents include information, graphics, external links, embedded evidence-based resources and videos.

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## ASSESSMENT

Assessment is competency based. This means that you are required to demonstrate specific skills and knowledge. There are five assessment tasks in total, being:

- **Quizzes** – there are three on-line quizzes (one at the end of each Module). The quizzes are automatically marked and designed to test your knowledge of the module content.
- **Case Studies** – there are two case studies (with short answer questions) to be completed and submitted on-line for marking by an external qualified assessor. The case studies are designed to enable you to apply your understanding of the unit content to the context/scenario of a 'person' living with a chronic musculoskeletal condition.

## DELIVERY METHOD

Flexible, self-paced course, continuously available online. On-site small group training and assessment available on request.

## DURATION

- Completion of this online unit, including all assessment tasks, should take approximately 7 hours.
- Maximum of one year to complete the course.

## COURSE OUTCOME

Arthritis Essentials® is the unit of competency NAT10956001 Provide information and strategies for musculoskeletal conditions – a core unit of the nationally accredited 10956NAT Course in Management of Musculoskeletal Conditions.

Upon successful completion of Arthritis Essentials®, participants receive a national recognised Statement of Attainment (RTO Provider 60108).



NATIONALLY RECOGNISED  
TRAINING



## COST

\$195 GST Free

## HOW TO ENROL

Enrol online by going to:

<https://online.arthritistas.org.au>

Note: to receive a national accredited Statement of Attainment you will need to obtain a Unique Student Identifier (USI). Creating a USI will only take a few minutes and is free. To obtain a USI and/or find out more, visit [www.usi.gov.au](http://www.usi.gov.au)

*"A really good course, great communication, very professional, can't fault it and look forward to helping clients with the skills I have learnt."*

*"Good value for CEC points and very relevant to my work with older adults."*

*"I found the case studies very useful in helping do more research to understand the conditions and processes to treat them. Very happy with the course, content and access to resources. Thankyou"*

*"I needed ongoing CECs and working with older adults it was relevant. Great value for money too."*



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