

Fitness Trainers/Assessors

About the Job:

Arthritis & Osteoporosis Tasmania is seeking energetic, motivated and confident Trainers/Assessors to provide a high standard of course delivery and assessment to aspiring Joint Movement® group exercise leaders. Developed by the country's peak arthritis body Arthritis Australia with the support of leading experts, [The Joint Movement®](#) is an arthritis focused group exercise program designed to improve health outcomes for people with arthritis or other related conditions. If you are someone who is passionate about musculoskeletal health and fitness, enjoys sharing knowledge, and is available for an immediate start in early 2016, then this could be the opportunity for you!

About Arthritis & Osteoporosis Tasmania:

Arthritis & Osteoporosis Tasmania is a not for profit Registered Training Organisation offering a nationally recognised Course in Management of Musculoskeletal Conditions.

About the Role:

We are currently seeking to contract fitness trainers /assessors to present, train and assess fitness orientated units from the nationally recognised Course in Management of Musculoskeletal Conditions, developed by Arthritis & Osteoporosis Tasmania. The role will involve holistic delivery and assessment of SISFFIT011 Instruct approved community fitness programs (a core unit of the course) in combination with either one of two course electives (MSKWWE003 Instruct warm water group exercise sessions for musculoskeletal conditions, or MSKLND004 Instruct land based group exercise sessions for musculoskeletal conditions).

Duties include but are not limited to:

- Face to face delivery of student material (both theoretical and practical) across a range of national localities over a 2-3 month period in early 2016 (*localities to be confirmed but likely to include Perth, Adelaide, Hobart*)
- Conducting, marking and recording student assessments
- Provide student support and relevant industry specific information
- Maintenance of all aspects of compliance related to working in the VET environment

About You:

Ideally you will have:

- at least 2 years recent industry experience (specifically warm water and/or land based exercise)
- excellent presentation skills; including a positive and professional work manner
- exceptional interpersonal skills,
- flexibility in the hours you can work as evening and weekend work may be required, as well as extensive interstate travel

Necessary qualifications:-

- Certificate IV in Training and Assessment (TAE40110) or equivalent
- Minimum Certificate IV in Fitness, or relevant degree
- Senior First Aid
- Fitness Australia / ESSA / APA registration

Applications:

Applications must be received by **4pm on Thursday, 21st January 2016**. To be accepted, applications **must include a resume and covering letter** telling us why you are interested in this job and what specific skills and experience you can bring to the role. Applications can be posted to Arthritis & Osteoporosis Tasmania, GPO Box 1843, HOBART, TAS, 7001, or emailed to training@arthritis.org.au.